

WINTER & SPRING BREAK CAMPS FOR YOUTH

Lego® Pre-Engineering Winter Break Camp

Ages 5 to 7 years

Let your imagination run wild with over 100,000 pieces of LEGO®! Build engineer-designed projects such as boats, bridges, mazes, and motorized cars. Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This makes a great holiday gift!

Location: NKCC • 2 days • Resident \$80 / Non-Resident \$96

Mon & Tue	9am–12pm	Dec 22 & 23	43470
Mon & Tue	9am–12pm	Dec 29 & 30	43471

Lego® Engineering FUNDamentals Winter Break Camp

Ages 7 to 11 years

Power up your engineering skills with Play-Well TEKologies and over 100,000 pieces of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, motorized gondolas, and the Battltrack! Challenging for new and returning students. And, it makes a great holiday gift!

Location: NKCC • 2 days • Resident \$80 / Non-Resident \$96

Mon & Tue	1–4pm	Dec 22 & 23	43472
Mon & Tue	1–4pm	Dec 29 & 30	43473



Rhythmic Gymnastics & Creative Dance Spring Break Camp

Girls Ages 5 to 12 years

La Luna Rhythmic Gymnastics winter & spring breaks are designed for the beginner gymnast. Rhythmic gymnastics with balls, ribbons, clubs, ropes, and hoops will be emphasized along with ballet preparation and creative dance. Two snacks are provided by the Academy. You provide a leotard, lunch and water bottle.

Instructor: La Luna Rhythmic Gymnastics Instructors

Location: La Luna Academy 11251 120th Ave NE., Ste 150 Kirkland, WA 98033 • www.lalunagym.com

Spring 5 days • Resident \$185 / Non-Resident \$238 (Extended care, see below)

Mon–Fri	9am–4pm	Apr 6–10	43474
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For Campers Only - Extended hours (for the week) from 8–9am and 4–6pm, Resident \$35 / Non-Resident \$42

Mon–Fri	8–9am & 4–6pm	Apr 6–10	43475
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Washington State sales tax will be added to camp fees.

Challenge Island Spring Break Camp **NEW!**

Ages 5 to 11 years

Challenge Island is a wacky, whimsical enrichment journey for children onto various islands that provide Challenges in STEM (Science, Technology, Engineering, and Math). Each island has a theme, and at least 8 stops where challenges take place. In small groups of 4–5, wearing their tribal buffs and face paint, children work as a team to discover how to solve the Island's Challenges.

They not only learn science, but team work, social skills, public speaking and scientific process. But, shhh... they don't know this, they just think they are having fun! Principles like kinetic energy and potential energy are cool when you can dig into your treasure bag and find common household materials to design and build your own roller coaster!

Instructor: Challenge Island Staff • Location: NKCC • 1 week Resident \$200 / Non-Resident \$240

Mon–Fri	9am–4pm	Apr 6–10	43620
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Music

Move Over Mozart Piano Classes

Grade K–6; Ages 5 to 12 years

Learn to play piano familiar tunes on the piano, read music, and, basic music theory. Class recitals are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction. A one-time \$10 materials fee is payable to instructor and due at first class. Class size is limited to 6 (additional classes may be added based on waiting lists). For more information visit moveovermozart.net.

Location: NKCC

Fall Classes No class 11/11, 12/29

Monday 16 weeks • Resident \$159 / Non-Resident \$191

Tuesday & Thursday 10 weeks • Res \$99 / Non-Res \$119

Grade K–1; Ages 5 to 6 years

Mon	4:30–5pm	Sept 22–Jan 12	16 classes	43371
Mon	5:30–6pm	Sept 22–Jan 12	16 classes	43372
Tue	4:30–5pm	Sept 16–Nov 25	10 classes	43373
Thur	4:30–5pm	Sept 18–Nov 20	10 classes	43374
Thur	6–6:30pm	Sept 18–Nov 20	10 classes	43375

Grade 2–6; Ages 7 to 12 years

Mon	6–6:30pm	Sept 22–Jan 12	16 classes	43388
Thur	5–5:30pm	Sept 18–Nov 20	10 classes	43389

Winter Classes No class 2/16, 2/17, 2/19

Monday 9 weeks • Resident \$89 / Non-Resident \$107

Tuesday & Thursday 10 weeks • Res \$99 / Non-Res \$119

Grade K–1; Ages 5 to 6 years

Mon	4:30–5pm	Jan 26–Mar 30	9 classes	43382
Mon	5:30–6pm	Jan 26–Mar 30	9 classes	43383
Tue	4:30–5pm	Jan 20–Mar 31	10 classes	43384
Thur	4:30–5pm	Jan 22–Apr 2	10 classes	43385
Thur	6–6:30pm	Jan 22–Apr 2	10 classes	43386

Grade 2–6; Ages 7 to 12 years

Mon	6–6:30pm	Jan 26–Mar 30	9 classes	43390
Thur	5–5:30pm	Jan 22–Apr 2	10 classes	43391

For Move Over Mozart classes for ages 3–4 years, see page 20

Youth & Teens

Beginning Guitar Turbo Charged!

12 years to Adult

This fast-paced course covers all the basics—from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles. Must be at least 12 years old at the start of class.

Student must provide their own instrument

*Instructor: Scott Lawson • Location: NKCC • 8 weeks
No class 2/16 • Resident \$98 / Non-Resident \$118*

Ages 12 to 15 years

Mon	5:15–6:15pm	Sept 15–Nov 3	43476
Mon	5:15–6:15pm	Jan 26–Mar 23	43478

Ages 16 years to Adult

Mon	6:30–7:30pm	Sept 15–Nov 3	43477
Mon	6:30–7:30pm	Jan 26–Mar 23	43479

Cooking

Creating in the Kitchen With Karen

Ages 4 to 8 years

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

*Instructor: Karen Renfro-Gielgens • Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off 108th Ave NE)
8 weeks • No class 1/19 & 2/16 • \$10 supply fee payable to instructor • Resident \$69 / Non-Resident \$83*

Mon	3:50–4:50pm	Sept 8–Oct 27	43327
Mon	3:50–4:50pm	Jan 12–Mar 16	43329

For Creating in the Kitchen with
Karen ages 3–5, see page 17

Holiday Creating in the Kitchen with Karen

Ages 4 to 8 years

Cook special holiday treats in this 4-week class.

*Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE) • 5 weeks • No class 11/24
Supply fee of \$6 payable to instructor
Resident \$45 / Non-Resident \$54*

Mon	3:50–4:50pm	Nov 10–Dec 15	43331
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Art

Valentine Workshop

Ages 5 to 8 years

Create a one-of-a-kind valentine box with glitter, doilies, paint, stickers, and more to store your beloved valentines. Listen to a heartwarming story, and enjoy a valentine snack.

*Instructor: Miss Pamela • Location: NKCC
Resident \$17 / Non-Resident \$20*

Sat	12–1:30pm	Feb 7	43340
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Explorations for Young Artists

Ages 6 to 10 years

This class introduces young artists to the adventure of exploring the world of art. Each week a new project explores a new way to play with different mediums including clay, painting, printmaking, found object construction and more. In an atmosphere of play the young artists learn foundational art skills and the creative process. Bring a paint shirt. Beginning and continuing students welcomed. Supplies provided.

*Classes offered in partnership with the Kirkland Arts Center
Location: PKCC • Instructor: Karin Chickadel • 6 classes
Resident \$75 / Non-Resident \$90*

Sat	9:30–11am	Sept 20–Oct 25	42927
Sat	9:30–11am	Jan 10–Feb 14	42928
Sat	9:30–11am	Feb 21–Mar 28	42929



Language

Spanish for Elementary Youth

Ages 6 to 11 years

This Spanish immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Help your children get a head start by learning a foreign language early. Vocabulary is provided so parents can reinforce the language outside of class.

*Instructor: Polly-Glots • Location: NKCC • 10 weeks
Resident \$168 / Non-Resident \$202*

Ages 6 to 8 years

Wed	3–3:45pm	Sept 10–Nov 12	43480
Wed	3–3:45pm	Jan 14–Mar 18	43482

Ages 9 to 11 years

Wed	4–4:45pm	Sept 10–Nov 12	43481
Wed	4–4:45pm	Jan 14–Mar 18	43483

Martial Arts

Bully Proof Martial Arts Program

Ages 7 to 12 years

Teach your kids to stand up for themselves! “I’m giving them the courage and the permission to be loud with someone who’s physically threatening them,” said Korbett Miller of Miller’s Martial Arts Academy as quoted in an anti-bullying article on msnbc.com. He teaches what he preaches by showing students how to set verbal boundaries, what to say, when and how to say it. Class incorporates martial arts to build self esteem and give students alternatives to solving conflict. Students will also earn their White Belt at the end of the program.

*Location: Miller’s Martial Arts Academy,
8920 122nd Ave NE, Kirkland • Instructor: Korbett Miller
8 weeks • Resident \$57 / Non-Resident \$68*

Sat	9:45–10:30am	Sept 13–Nov 1	43498
Sat	9:45–10:30am	Jan 10–Feb 28	43499

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American Red Cross Classes

Adult and Child First Aid/CPR/AED

For Ages 14 and up
See Page 50

Life Skills & General Interest

Self Defense for Children

Ages 5 to 9 years with parent

Today's news is filled with stories of child abuse, assaults, and Amber alerts. Keep the magic of childhood safe in this low-key, friendly, and age-appropriate safety skills class for girls and boys ages 5-9. Learn about risks facing your kids, how to frame the discussion with children, and recognizing when someone may be targeting your family. Children will practice the 'five fingers' approach: think, yell, get free, run, and tell.

Instructor: Joann Factor. Location: NKCC

Resident \$37 / Non-Resident \$43

Sat	12:30-2pm	Sept 27	43484
Sat	12:30-2pm	Jan 10	43485

Young Ladies & Gentlemen I (Etiquette)

Ages 6 to 11 years

Manners are the key to building positive friendships and strong self-confidence. This fun, hands-on workshop explores the value of kindness and respect for others and their practical applications in introductions and handshakes, table manners, personal care, posture, telephone etiquette and more.

Instructor from Final Touch Finishing School

Location: NKCC • Resident \$39 / Non-Resident \$47

Sat	9am-12pm	Nov 8	43486
Sat	9am-12pm	Mar 7	43487

Young Ladies & Gentlemen II (Party Manners) **NEW!**

Ages 6 to 11 years

This course is a natural follow-up to Young Ladies and Gentlemen I. One of the first social settings that children encounter is being a guest. Learning how to be a gracious guest, guest of honor, or host are skills they will use lifelong. Boys and girls will learn about invitations, being a great guest and host, practice meeting and greeting others, polite conversation, giving and receiving gifts, basic table manners while neatly eating birthday cake, and how to create their own thank you notes.

It is NOT necessary to have taken Young Ladies and Gentlemen I to enroll in Young Ladies and Gentlemen II. Cake will be served in this class.

Instructor from Final Touch Finishing School

Location: NKCC • Resident \$39 / Non-Resident \$47

Sat	1-4pm	Mar 7	43488
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Starting Point Middle School Success **NEW!**

Ages 12 to 14 years

Navigate middle school with confidence and class with the 3 R's—respect, restraint & responsibility! Gain valuable tips on creating and maintaining meaningful friendships, introductions, conversation starters, cell phones, social media, and how to stay organized. Discover the power of maintaining a positive attitude, and how you can create an authentic and appropriate first impression.

Instructor: from Final Touch Finishing School

Location: NKCC • Resident \$54 / Non-Resident \$65

Sat	1-5pm	Nov 8	43489
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Super Safe Sitters

Ages 11 to 15 years

This program is designed to train young people in basic babysitting and home-alone skills. Students completing this course will be better prepared to provide a safer and more positive infant/child care experience. Taught by a hospital-qualified instructor, this class includes parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys and activities and infant care. Participants receive a *Babysitting 101* handbook and a certification card upon completion of the class.

Bring a sack lunch, drink, and afternoon snack

Instructor: Cindy Tucker • Location: NKCC

Resident \$48 / Non-Resident \$58

Sat	9am-2pm	Oct 4	43491
Sat	9am-2pm	Feb 28	43493

Self Defense for Teen Girls Only

Ages 14 to 19 years

This three hour course will provide young ladies the education and awareness to avoid and escape potentially dangerous situations. Course will cover dating violence, how assailants target and test potential victims, personal safety and much more. Students will learn physical techniques, strikes and releases to safely remove oneself from dangerous situations. It is a great class to take with a friend.

Class size limited to 15! • Instructor: Joann Factor

Location: NKCC • Resident \$53 / Non-Resident \$64

Sat	1-4pm	Dec 6	43497
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Challenge Island After School

Ages 5 to 11 years

NEW! Challenge Island is a wacky, whimsical enrichment journey for children onto various islands that provide Challenges in STEM (Science, Technology, Engineering, and Math). Each island has a theme, and at least 8 stops where challenges take place. In small groups of 4-5, wearing their tribal buffs and face paint, children work as a team to discover how to solve the Island's Challenges. They not only learn science, but team work, social skills, public speaking and scientific process. But, shhh... they don't know this, they just think they are having fun! Principles like kinetic energy and potential energy are cool when you can dig into your treasure bag and find common household materials to design and build your own roller coaster!

Instructor: Challenge Island Staff • Location: NKCC • 8 weeks

Resident \$120 / Non-Resident \$144

Wed	2:30-3:30pm	Sept 17-Nov 5	43621
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Youth & Teens

Youth Dance



Hip Hop Girls 1

Ages 5 to 7 years

Dance like your favorite pop stars! In this high-energy, age appropriate class, girls will learn fun hip-hop techniques and combinations, danced to their favorite music. Hip Hop is a popular, energetic pop style version of urban street dance. Learn the latest moves to "today's" (clean version) of music. Build self-esteem, enhance your coordination and stay fit!

Wear loose clothing and tennis shoes please!

Location: NKCC • 6 weeks • No class 11/26

Resident \$42 / Non-Resident \$50

Wed	3:30–4:15pm	Sept 10–Oct 15	43513
Wed	3:30–4:15pm	Oct 29–Dec 10	43514
Wed	3:30–4:15pm	Jan 7–Feb 11	43515
Wed	3:30–4:15pm	Feb 25–Apr 1	43516

Hip Hop Boys 1

Ages 5 to 7 years

Boys can benefit from dance and the concentration and strength that dance builds. These classes are designed to encourage athleticism. Boys process new information in a different way than girls and will feel more comfortable and accomplished in an environment that is designed just for them. Learn to express yourself through music and dance, using the dynamic dance style of hip hop, a dance form that focuses on the hip hop culture, music attitude, style and funk just for boys.

Wear loose clothing and tennis shoes please!

Location: NKCC • 6 weeks • No class 11/26

Resident \$42 / Non-Resident \$50

Wed	4:20–5:05pm	Sept 10–Oct 15	43517
Wed	4:20–5:05pm	Oct 29–Dec 10	43518
Wed	4:20–5:05pm	Jan 7–Feb 11	43519
Wed	4:20–5:05pm	Feb 25–Apr 1	43520

Hip Hop 2

Ages 8 to 10 years

Hip Hop is a popular energetic pop style version of urban street dance. In this class you will learn the latest moves to today's music while you build self-esteem, enhance your coordination and stay fit!

Wear loose clothing and tennis shoes please!

Location: NKCC • 6 weeks • No class 11/26

Resident \$42 / Non-Resident \$50

Wed	5:15–6pm	Sept 10–Oct 15	43521
Wed	5:15–6pm	Oct 29–Dec 10	43522
Wed	5:15–6pm	Jan 7–Feb 11	43523
Wed	5:15–6pm	Feb 25–Apr 1	43524

Keiki Hula

Ages 5 to 8 and 8 to 10 years

Students will learn the basic foot and hand motions of the hula with emphasis on posture and timing. They will sing and learn the story of their hula along with a few Hawaiian words that pertain to their dance. Please wear shorts and t-shirts to class.

Instructor: Jeanne Makanaokalani Porter

Location: NKCC • 10 weeks • No class 11/5

Resident \$71 / Non-Resident \$85

Ages 5 to 8 years

Wed	5:30–6:15pm	Sept 10–Nov 19	43509
Wed	5:30–6:15pm	Jan 14–Mar 18	43511

Ages 8 to 10 years

Wed	4:35–5:20pm	Sept 10–Nov 19	43510
Wed	4:35–5:20pm	Jan 14–Mar 18	43512

Teen Ballet with Marco Carrabba

Instructor: Marco Carrabba, Ballet Master/Choreographer of Carrabba Dance Theatre has a 20 year distinguished professional dance career and over 18 years' experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

Ballet – Teen

Ages 10 to 16 years

Learn ballet technique, dance vocabulary, practice exercises at the barre, stretching and center floor work. Emphasis is on improving balance, coordination, alignment and strength all taught in a positive and supportive environment. Students will also learn specific steps and creative movement. This fun, invigorating class for boys and girls is a balance of activities and musical awareness. Two ballet classes per week are recommended for continual progress.

Location: PKCC • Instructor: Marco Carrabba • No class

11/26, 12/22, 12/24, 12/29, 12/31, 1/19, 2/16 • 6 classes

Resident \$66 / Non-Resident \$79

Mon	4:15–5:15pm	Sept 8–Oct 13	42952
Wed	4:15–5:15pm	Sept 10–Oct 15	42953
Mon	4:15–5:15pm	Oct 20–Nov 24	42954
Wed	4:15–5:15pm	Oct 22–Dec 3	42955
Mon	4:15–5:15pm	Dec 1–Jan 26	42956
Wed	4:15–5:15pm	Dec 10–Jan 28	42962
Mon	4:15–5:15pm	Feb 2–Mar 16	42957
Wed	4:15–5:15pm	Feb 4–Mar 11	42958

Ballet for Skaters **NEW!** (All Ages)

Learn the fundamentals of alignment and classical movement for figure skaters. Office training exercises are very beneficial for skaters. Focus on arm and hand positions, upper body technique, building core strength, lengthening, flexibility, jumps and partnering. Ballet training gives the "competitive advantage" for any aspiring figure skater.

Location: PKCC • Instructor: Marco Carrabba

No class 12/22, 12/29, 1/19, 2/16 • 6 classes

Resident \$50 / Non-Resident \$60

Mon	5:20–6:05pm	Sept 8–Oct 13	43004
Mon	5:20–6:05pm	Oct 20–Nov 24	43005
Mon	5:20–6:05pm	Dec 1–Jan 26	43006
Mon	5:20–6:05pm	Feb 2–Mar 16	43007

Beginning Ballet/Tap Combo

Ages 5 to 7 years

This class is a progressive transition from Preschool Dance/Tap Combo B. Using two-thirds ballet and one-third tap, this class will build technique and dance vocabulary. Parent watch day is during the last class; bring your camera!

Ballet and tap shoes required

Location: NKCC • 12 weeks • No class 11/27

Resident \$86 / Non-Resident \$103

Thur	5:45–6:30pm	Sept 18–Dec 11	43505
Thur	5:45–6:30pm	Jan 8–Mar 26	43506

Ballet 1

Ages 5 to 7 years

This class introduces ballet technique to the older student while challenging the younger experienced student. Ballet vocabulary, alignment, posture, strength, and fluidity will be the focus through barre exercises, floor, and center work. Prerequisite for 5 year olds: Preschool Dance B or equivalent experience. 5 year olds must register by phone at 425.587.3350. Bring your cameras, Parent Watch day is the last day of session.

Location: NKCC • 12 weeks • No class 11/29

Resident \$86 / Non-Resident \$103

Sat	11:30am–12:15pm	Sept 13–Dec 6	43507
Sat	11:30am–12:15pm	Jan 10–Mar 28	43508



Ballet Stretch and Tone **NEW!**

This class is designed to transform the body into one of equal balance, strength and flexibility. Classes blend together ballet barre, exercise and conditioning. Target each of your muscle groups and then stretch those muscles in a way that promotes long, lean growth instead of bulk.

Location: PKCC • 6 classes • No class 11/26, 12/24, 12/31

Resident \$50 / Non-Resident \$60

Wed	5:20–6:05pm	Sept 10–Oct 15	43156
Wed	5:20–6:05pm	Oct 22–Dec 3	43157
Wed	5:20–6:05pm	Dec 10–Jan 28	43158
Wed	5:20–6:05pm	Feb 4–Mar 11	43159

Rhythmic Gymnastics

Kirkland Park Department teams up with La Luna Rhythmic Gymnastics Academy to bring this beautiful Olympic sport of Rhythmic Gymnastics to the Kirkland community. These introductory classes are offered in a safe, friendly, new studio in your neighborhood. Rhythmic Gymnastics combines the grace and beauty of ballet and creative movement with music. Participants perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Self esteem, discipline, flexibility, dance and artistry, concentration, eye/hand coordination, and aerobic exercise are some of the benefits of this unique sport. Gymnasts learn the basic positions of ballet and do routines with music.

*Instructor Arzu Karaali has trained athletes for National and International competitions and has worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta • She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2 • Location: La Luna Gym • 11251 120th Ave NE, Suite #150, Kirkland
www.lalunagym.com*

Rhythmic Gymnastics Level 1 Beginners

Girls Ages 6 to 8 years

This class will introduce students to ballet preparations, conditioning, and basic study of Rhythmic Gymnastics apparatus. Learn simple routines using hoop, ball, and rope. Gymnasts in this class could be invited to participate in the Academy's performances and exhibitions.

Gymnastics leotard required, bare feet or socks OK

• Location: La Luna Gym, 11251 120th Ave NE Suite 150, Kirkland • 6 weeks • No class 11/29 & 2/14 • Note classes are 1 ½ hr • Resident \$80 / Non-Resident \$96

Sat	1–2:30pm	Sept 13–Oct 18	43458
Sat	1–2:30pm	Nov 1–Dec 13	43459
Sat	1–2:30pm	Jan 10–Feb 21	43468
Sat	1–2:30pm	Feb 28–Apr 4	43469

For Rhythmic Gymnastics
ages 4 to 5, see page 22

KIRKLAND KIDS TRIATHLON



AGES 3 TO 12 YEARS

"I wanted to tell you how much our two grandchildren enjoyed the Children's Triathlon. They came away with such a sense of pride and accomplishment. It was extremely well organized"

This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon. Athletes participate in 50 yard swim/splash, ½ mile bike, 400 yard run. Registration will close September 11th. Day of event registration will be available beginning at 9:30am however participants are encouraged to register prior to the event.

SEPTEMBER 13, 2014 JUANITA BEACH

Race begins at 11:00am
Check in begins at 10:00am

\$30.00 Plus Tax
Registration #42344

Participants will
receive swim cap,
T-shirt & ribbon

Thank you to our sponsor!



www.kirklandchildrensdentistry.com

2014 2015 YOUTH BASKETBALL LEAGUE

CITY OF KIRKLAND
BOYS AND GIRLS • GRADES 3-6

This league focuses on basketball skill development, teamwork, and having fun as well as broadens “winning” to include enjoyment of the sport, creating friendships, and the learning of new skills.



Pee Wee Basketball
for 2½ to 6 year olds!
See page 23

Questions about the league visit:

www.kirklandwa.gov/youthathletics or call 425.587.3360

Volunteer Coaches Needed For Each Team!!

Please see information below.

Youth Basketball League Information

The season begins the week of December 1. Coaches will contact players by phone at least 1 week prior to the beginning of season. The coach will be providing you with information about your practices time and location.

Volunteer Coaches Needed

Volunteer coaches are needed for each team in the league. Volunteer application will be accepted beginning August 18, 2014 and are available online at www.kirklandwa.gov/youthathletics. No prior basketball experience is necessary. We handle volunteer application on a first come first serve basis; therefore, getting your application turned in ASAP is crucial. All coaches must pass a background check. If no one volunteers to coach your team then KPCS staff will contact individual parents from your team roster to recruit a coach.

Mandatory Coaches Meeting

The coaches' meeting is Saturday, November 22nd from 9:30am to 11am. The meeting is designed to provide valuable information about the league. The meeting will be held at the Peter Kirk Community Center.

NYSCA Training

New Coaches to the league will be registered for an on-line coaches training at www.nays.org/nyscaonline/ and will need to be completed prior to the first day of practice. Returning coaches will need to re-certify at the coaches meeting.

How are teams formed?

The KPCS uses the following procedure to create teams for 3rd, 4th, 5th Grade Girls and Boys.

1. Registration is taken on a first come, first served basis.
2. Children are placed on the roster for the school they attend, their grade which they are registered for and their gender. The first 10 registered form the first team, the next 10 registered form the second team, and so on; If necessary, children from schools in close geographical proximity will be placed together to fulfill roster requirements; due to not enough or too many kids registered from their home school.
3. Children from private schools or home school will be placed on a roster of the public school they would attend in their neighborhood if they did not attend a private school / home school.

The KPCS uses the following procedure to create teams for 6th Grade Girls and Boys.

1. Registration is taken on a first come, first served basis.
2. 6th grade boys and girls will register for the middle school which they attend and their gender. On the first day of practice, teams will be formed, based on the number of players registered. All registered players will be placed on a team. *Dependent on registration numbers, it is possible that 5th and 6th grade be combined to form a league, ex. 5th/6th Girls and/or 5th/6th Boys*
3. Children from private schools or home school will be placed on a roster of the public school they would attend in their neighborhood if they did not attend a private school / home school.

Requests

Kirkland Parks and Community Services do not take requests for specific teams or coaches.

Games

Games will begin Saturday, January 10, 2015. KPCS youth basketball games are played on Saturdays, 1/10, 1/17, 1/24, 1/31, 2/7, 2/21, 2/28, and 3/7 between 8am–5pm. March 14 will be a makeup game weekend if games are canceled due to weather. **No games will be played 2/14.** Teams may have double headers and/or BYE weekends. Game schedule will be posted in mid-December at www.kirklandwa.gov/youthathletics

Practices

Teams begin practicing the week of December 1st. Teams will practice twice a week. Practice **start times** range from 5:00pm to 8:00pm and may be on any weekday.

Uniforms

Uniforms are provided by the generosity of Land O' Frost and will be handed out by coaches before the first game.

Snow/Rain

Please call 425.587.3335 during inclement weather to ensure games are being played.

	BOYS				GIRLS			
SCHOOL	3RD	4TH	5TH	6TH	3RD	4TH	5TH	6th
AG BELL	43033	43046	43059		43076	43089	43102	
FRANKLIN	43034	43047	43060		43077	43090	43103	
SANDBURG	43035	43048	43061		43078	43091	43104	
THOREAU	43036	43049	43062		43079	43092	43105	
KELLER	43037	43050	43063		43080	43093	43106	
MUIR	43038	43051	43064		43081	43094	43107	
JUANITA	43039	43052	43065		43082	43095	43108	
LAKEVIEW	43040	43053	43066		43083	43096	43109	
TWAIN	43041	43054	43067		43084	43097	43110	
PETER KIRK	43042	43055	43068		43085	43098	43111	
FROST	43043	43056	43069		43086	43099	43112	
ROSE HILL	43045	43057	43070		43087	43100	43113	
HOLY FAMILY	43044	43058	43071		43088	43101	43114	
KIRKLAND MIDDLE				43072				43115
KAMIAKIN MIDDLE				43073				43116
FINN HILL MIDDLE				43074				43117
ROSE HILL MIDDLE				43075				43118

Registration Deadlines: October 26th, 2014

Registration after October 27th will be accepted on a space available basis and is only available by calling 425.587.3360.

To register visit: www.kirklandparks.net or call 425.587.3336

Fee: \$92.00 (No Non-Residency Fee) Plus Tax.

Refund Policy

Refund/credits are granted if request is made on or before November 23rd. Withdrawals requested between November 24th and November 30th will result in a credit/refund of 50% of the registration fee, less a \$10.00 administrative fee. No refund/credit will be issued on or after December 1st.

Note

Basketball leagues for grades K-2 and 7-9 are run through the Kirkland Boys and Girls Club at 425.827.0132.



Sponsored by





Youth Ice Hockey

Hockey 1: Learn to Skate

Ages 4 to 13 years

The focus and goal of Hockey 1 is to teach beginner ice skaters the fundamentals of ice skating. It's important for these players to become comfortable on the ice, learn the basic hockey stance, stride, knee bend, use of edges and how to hold a stick before moving onto Hockey 2: Learn to Play. Proper skating techniques are the primary focus of the levels. Skaters will learn the necessary ice skating fundamentals to be successful in Hockey 2: Learn to Play.

Location: SnoKing Ice Arena; 14326 124th Ave NE Kirkland, WA 98034 • Equipment required: (Please note below equipment can be rented) helmets, stick, gloves rental available with registration • Once you have registered for the class, please contact SnoKing at 425.821.7133 one week prior to start of class to arrange for equipment rental pickup • Series Length: 6 week series, one class a week • Please note: Registration closes One week in Advance • Prerequisite: N/A (new skaters welcome) No class 11/29, 12/20, 12/27, 1/17

Class Fee with No Rental Equipment \$110

Sat	10:45am–11:45am	Sept 6–Oct 11	43126
Sat	10:45am–11:45am	Oct 18–Nov 22	43127
Sat	10:45am–11:45am	Dec 6–Jan 31	43128
Sat	10:45am–11:45am	Feb 21–Mar 28	43132
Sat	10:40am–11:40pm	Apr 11–May 16	43133

Class Fee with Rental Equipment \$140

Sat	10:45am–11:45am	Sept 6–Oct 11	43129
Sat	10:45am–11:45am	Oct 18–Nov 22	43130
Sat	10:45am–11:45am	Dec 6–Jan 31	43131
Sat	10:45am–11:45am	Feb 21–Mar 28	43135
Sat	10:40am–11:40pm	Apr 11–May 16	43136

Hockey 2: Learn to Play

Ages 4 to 13 years

Hockey 2 is ideal for boys and girls that have either taken Hockey 1 or have basic skating skills and are ready to move onto a full hockey curriculum.

The program focuses on the fundamental skating and stick-handling skills used in games, in addition to improving each player's balance, agility and control. Practices will include stations that teach a variety of skills including stopping, turning, and skating backwards as well as stick handling, passing, and shooting. A fun and encouraging environment will be maintained with an emphasis on teaching through drills and scrimmages. Players get the opportunity to play in game situations. Players are in FULL hockey gear for this class. Course fee includes jersey, distributed mid-season, and end of the year award.

Location: Kingsgate Arena; 14326 124th Ave NE Kirkland, WA 98034 • Equipment required: (Please note below equipment can be rented) Full hockey equipment required. • Once you have registered for the class, please contact SnoKing at 425.821.7133 one week prior to start of class to arrange for equipment rental pickup • Series Length: 16 week program, one hour class held on Saturdays in Kirkland • Prerequisite and Requirements: Hockey 1 or basic ice skating skills • Players must be registered with USA Hockey and will be given instructions on how to do so prior to the 1st day of class • Annual membership is \$49 for ages 7 and up • No fee for 6 years and younger • The registration is required for insurance purposes and is active for the whole 2014–2015 season • No class 11/29, 12/20, 12/27, 1/17 • Registration closes one week in advance.

Class Fee with No Rental Equipment \$195

Sat	11:50am–12:50pm	Oct 4–Feb 21	43138
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Class Fee with Rental Equipment \$275

Sat	11:50am–12:50pm	Oct 4–Feb 21	43139
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Soccer

UK Elite Feet Soccer Academy

UK Elite offers the best possible professional training for players aged 7–13. Players are divided into groups that match our age-specific curriculum. Older players will learn tactical and functional aspects of soccer while the younger ages will have access to the best possible skill building, fundamental training.

*Location: Juanita Beach Park, 9703 NE Juanita Drive
Resident \$100 / Non-Resident \$120*

COED: Ages 7 to 9 years

Sat	10–11:30am	Sept 6–Oct 18	43146
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COED: Ages 10 to 14 years

Sat	11:30am–1pm	Sept 6–Oct 18	43147
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Ice Skating

All Ages & Abilities Welcome!

Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating.

Students divided by skill and age level • Skates provided and helmets highly recommended • Location: Kingsgate Arena, 14326 124th Ave NE, Kirkland • Classes include 30 min. of instruction and 30 min. of practice skating time • Registration deadline one week prior to start of first class • Arrive ½ hour before class to get skates on • Please wear warm clothes, jacket, gloves

Fall Classes

Ages 5 to Adult

7 weeks • Resident \$125 / Non-Resident \$150

Mon	6–7pm	Sept 8–Oct 20	42915
Fri	6–7pm	Sept 12–Oct 24	42919
Mon	6–7pm	Nov 3–Dec 15	42916

4 weeks • Resident \$75 / Non-Resident \$90 • No class 11/28

Fri	6–7pm	Nov 7–Dec 5	42920
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Ages 4 to Adult

7 weeks • Resident \$125 / Non-Resident \$150

Tue	10:45–11:45am	Sept 9–Oct 21	42917
Tue	10:45–11:45am	Nov 4–Dec 16	42918

Winter Classes

Ages 5 to Adult

7 weeks • Resident \$130 / Non-Resident \$156

Mon	6–7pm	Jan 5–Feb 16	42921
Fri	6–7pm	Jan 9–Feb 20	42925
Mon	6–7pm	Mar 2–Apr 13	42922
Fri	6–7pm	Mar 6–Apr 17	42926

Ages 4 to Adult

7 weeks • Resident \$130 / Non-Resident \$156

Tue	10:45–11:45am	Jan 6–Feb 17	42923
Tue	10:45–11:45am	Mar 3–Apr 14	42924